**Little Acorns Menu Week 3**



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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit |
| Breadsticks/ crackers | Oatcake | Breadsticks/crackers | Wholemeal cracker | Oatcake |
| Lean beef meatballs with wholemeal pasta (with fresh tomato, pepper and sweetcorn)   | Pea Curry with rice | Slow cooked fajitas with wholemeal wraps with salad | Chicken with mushroom and crème fraiche with wholegrain rice and peas. | Fish fingers, chips, peas and salad |
| Fruit break | Fruit break | Fruit break | Fruit break | Fruit break |
| Afternoon TeaBeans on toast with cheese  | Afternoon TeaChicken pitta with carrot sticks  | Afternoon TeaHomemade hummus, pasta twists carrot sticks, chopped peppers and yoghurt dip  | Afternoon TeaSalmon tacos with wholemeal wraps, cucumber and celery sticks  | Afternoon TeaHam sandwiches with chopped apple, carrot sticks and yoghurt dip  |