**Little Acorns Menu Week 2**



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit |
| Oatcake | Breadsticks/ crackers | Wholemeal crackers | Breadsticks/ crackers | Breadsticks/ crackers |
| Sausage and bean casserole with mash and vegetables (2 portions of veg per bowl)  | Pea, lentil and potato curry (2 portions of veg per bowl)  | Chicken with greens, carrots and potatoes | Salmon and wholegrain pasta in a cream cheese, tomato and vegetable sauce with garlic bread  | Shepherds pie (with peas and sweetcorn) |
| Fruit break | Fruit break | Fruit break | Fruit break | Fruit break |
| Afternoon TeaTuna sandwich, cucumber, celery sticks and yoghurt dip  | Afternoon TeaChicken pitta with carrot sticks and yoghurt dip  | Afternoon TeaHomemade hummus, pasta twists, carrot sticks, chopped peppers and yoghurt dip  | Afternoon TeaLentil and root vegetable soup (with 2 portions of veg per bowl) | Afternoon TeaHam sandwiches with chopped apple, carrot sticks and yoghurt dip  |