**Little Acorns Menu Week 2**



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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Wholegrain cereal  Fruit | Wholegrain cereal  Fruit | Wholegrain cereal  Fruit | Wholegrain cereal  Fruit | Wholegrain cereal  Fruit |
| Oatcake | Breadsticks/ crackers | Wholemeal crackers | Breadsticks/ crackers | Breadsticks/ crackers |
| Sausage and bean casserole with mash and vegetables (2 portions of veg per bowl) | Pea, lentil and potato curry (2 portions of veg per bowl) | Chicken with greens, carrots and potatoes | Salmon and wholegrain pasta in a cream cheese, tomato and vegetable sauce with garlic bread | Shepherds pie (with peas and sweetcorn) |
| Fruit break | Fruit break | Fruit break | Fruit break | Fruit break |
| Afternoon Tea  Tuna sandwich, cucumber, celery sticks and yoghurt dip | Afternoon Tea  Chicken pitta with carrot sticks and yoghurt dip | Afternoon Tea  Homemade hummus, pasta twists, carrot sticks, chopped peppers and yoghurt dip | Afternoon Tea  Lentil and root vegetable soup (with 2 portions of veg per bowl) | Afternoon Tea  Ham sandwiches with chopped apple, carrot sticks and yoghurt dip |